



MENU

Delivery Fees

FREE for orders above 1000_{EGP}

20_{EGP} for orders above 850_{EGP}

30_{EGP} for order above 500_{EGP}

50_{EGP} for orders above 350_{EGP}

75_{EGP} for order below 350_{EGP}



Delivery Schedule

- All following locations within 3 working days: Heliopolis, Sheraton, Nasr City, El Zeitun, El Nozha El Gedeeda, New Cairo, Rehab, Madinaty, Sherouk, Zamalek, Downtown, Mohandessein, Dokki, Agouza, Sheikh Zayed, 6th of October, Hadayek El Ahram, Hadayek El Kobba
- TUESDAYS: Maadi, Mokattam
- Alex: currently, every 2-3 weeks

We collect & prepare orders one day ahead of delivery, so kindly place your order before 2PM the day before delivery.

BABY LED-WEANING



Suitable for Babies 6+ months

Kindly consult your pediatrician

(Easily Chewable, NO Egg, NO Dairy, NO Salt, NO Honey, NO Sugar)

Protein



Baby Chicken Patties ... 400grams
Chicken, Burghul & V-licious 7 Hidden Veggies Mix.

195
12 Pieces



Baby Beef Patties ... 400grams
Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix.

270
12 Pieces

Fish Patties ... 250grams
Fish, Burghul & V-licious 7 Hidden Veggies Mix.

177
7 Pieces

TRY
ME

**Baby
Bundle**

Baby Chicken Patties
Baby Beef Patties
Fruits Cake
Teething Biscuits
EGP **579 +**

**Baby
Bundle**
With fish

Baby Chicken Patties
Baby Beef Patties
Fish Patties
Fruits Cake
Teething Biscuits
EGP **719 +**



Bakery



Red Cake ... 30grams each
Beetroot, Dates, Zucchini & Unsweetened Cocoa Powder.

6PIECES	12PIECES	24PIECES
103	185	307 370 (63 Off)



Green Cake ... 30grams each
Sweet Potato, Spinach, Dates & Apple.

108	195	324 390 (66 Off)
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Yellow Cake ... 30grams each
Pumpkin, Carrots, Zucchini & Dates.

103	185	307 370 (63 Off)
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Fruits Cake ... 30grams each
Mix of Red, Green & Yellow Cakes.

5PIECES	12PIECES	
105	195	324 390 (66 Off)

Teething Biscuits ... 80grams
Zucchini, Apple & Dates.

14PIECES	42PIECES	140PIECES
55	137	505 550 (120 Off)



V-licious 7 Veggies Mix

Zucchini, Carrots, Spinach, Broccoli, Mulukheya,
Green Pepper, Leafy Greens (Celery, Parsley & Coriander)

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Bakery



"ALL PRODUCTS HAVE HIDDEN FRUITS & VEGGIES"



Veggie Muffins *

Zucchini, Carrots, Apple, Orange, Dates, Eggs & Honey

6PIECES

110

9PIECES

150

18PIECES VALUE pack

249

300 (51 Off)

Pumpkin & Sweet Potato Muffins *

Sweet Potato, Pumpkin, Chia Seeds, Eggs & Molasses

110

150

249

300 (51 Off)



Dried Fruit Muffins *

Dates, Fig, Dried Apricots, Prunes, Raisins, Coconut Flax & Molasses

116

160

266

320 (54 Off)

Mix of All Muffins *

Mix of Veggie, Pumpkin & Dry Fruit Muffins

112

155

257

310 (53 Off)

* 6-pcs pack come in a tray; 9-pcs pack come in a box with each muffin packed individually.

* Upon customer request, muffins in 6pcs pack may be topped with honey & colored or chocolate sprinkles (May include sugar and artificial colors)



Sweet Potato Brownies

Sweet Potato, Zucchini, Carrots, Dates, Unsweetened Cocoa Powder, Eggs & Honey

5PIECES

99

12PIECES

215

24PIECES VALUE pack

357

430 (73 Off)



Iron Brownies

Dates, Spinach, Tahini, Molasses & Unsweetened Cocoa Powder

99

215

357

430 (73 Off)



Veggie Biscuits

Carrots, Zucchini & Honey

22PIECES

55

66PIECES

137

165 (28 Off)

220PIECES VALUE pack

505

550 (120 Off)



Fruits Biscuits

Apple, Orange & Honey

55

137

165 (28 Off)

505

550 (120 Off)



Iron Biscuits

Spinach, Molasses, Cinnamon & Unsweetened Cocoa Powder

55

137

165 (28 Off)

505

550 (120 Off)



Mix of All Biscuits

1 pack of each of the 3 flavors

137

165 (28 Off)

TRY ME

Bakery Bundle

Iron Brownies 5pcs
Mix of all Muffins 6pcs

420 ^{EGP}

Sweet Potato Brownies 5pcs
Fruits, Iron & Veggie Biscuits 3packs

FREE DELIVERY

No Honey, No Eggs & No Dairy



Red Cake

Beetroot, Dates, Zucchini & Unsweetened Cocoa Powder.

6PIECES

103

12PIECES

185

24PIECES VALUE pack

307

370 (63 Off)

Green Cake

Sweet Potato, Spinach, Dates & Apple.

108

195

324

390 (66 Off)

Yellow Cake

Pumpkin, Carrots, Zucchini & Dates.

103

185

307

370 (63 Off)

Fruits Cake

Mix of Red, Green & Yellow Cakes.

5PIECES

105

12PIECES

195

324

390 (66 Off)



Teething Biscuits

Zucchini, Apple & Dates.

14PIECES

55

42PIECES

137

165 (28 Off)

140PIECES VALUE pack

505

550 (120 Off)

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Savory



"ALL PRODUCTS HAVE
HIDDEN VEGGIES"

TRY
ME

Savory
Bundle

Beef Kofta
Green Patties
Veggie Nuggets
Chicken Nuggets

EGP
459 +

FREE
DELIVERY



SMALL LARGE

Chicken Nuggets

Chicken, Eggs, Burghul & V-licious 7 Hidden Veggies Mix
coated with corn flour
Dinosaur Nuggets Shapes | Crunchy Coat

135
8 Pieces
~250g

192
12 Pieces
~360g

LARGE
x2
319
24 Pieces
384 (65 Off)



Chicken Pops

Chicken, Mozzarella Cheese, Eggs, Burghul, V-licious 7
Hidden Veggies Mix coated with Corn Flour
Ball Shape on wooden stick | Crunchy Coat | Cheesy Inside

150
12 Pieces
~250g

210
18 Pieces
~360g

349
36 Pieces
420 (71 Off)



Beef Kofta

Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix.
Fingers Shape

180
10 Pieces
~250g

340
20 Pieces
~500g

564
40 Pieces
680 (116 Off)

Mini-Burger

Beef Meat, Eggs, Burghul & V-licious 7 Hidden Veggies Mix
Mini-Burger Shape

180
7 Pieces
~250g

340
14 Pieces
~460g

564
28 Pieces
680 (116 Off)



Meat Balls

Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix
Balls Shape

180
16 Pieces
~240g

340
32 Pieces
~480g

564
64 Pieces
680 (116 Off)

Veggie Nuggets

Potatoes, Eggs, Burghul & V-licious 7 Hidden Veggies
Mix coated with corn flour
Fingers Shape | Crunchy Coat

84
10 Pieces
~250g

160
20 Pieces
~500G

266
40 Pieces
320 (54 Off)



Green Patties

Hummus, Fava Beans, Spinach, Leafy Greens, Garlic &
Onions.
Burger Shape

85
16 Pieces
~450g

140
32 Pieces
170 (30 Off)

V-licious 7 Hidden Veggies Mix

Zucchini, Carrots, Spinach, Broccoli, Mulukheya,
Bell Pepper, Leafy Greens (Celery + Parsley)

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Fish Menu



"ALL PRODUCTS HAVE
HIDDEN VEGGIES"

TRY
ME

Fish
Bundle

Fish Kofta
Fish Nuggets
Fish Bombs
Fish Croquette

EGP
669+

FREE
DELIVERY



Fish Nuggets

Fish, Burghul, & V-licious 7 Hidden Veggies Mix coated with
Corn Flour
Dinosaur Shaped Nuggets | Crunchy Coat | Less Fish Taste

187
8 Pieces
~250g



Fish Bombs

Fish, Mozzarella Cheese, Burghul, Potatoes & V-licious 7
Hidden Veggies Mix coated with Corn Flour
Ball Shapes | Crunchy Coat | Cheesy Inside | Less Fish Taste

187
7 Pieces
~250g



Fish Kofta

Fish, Burghul & V-licious 7 Hidden Veggies Mix.
Fingers Shape | More Fish Taste

190
10 Pieces
~250g



Fish Croquette

Fish, Burghul, Potatoes & V-licious 7 Hidden Veggies Mix
coated with Corn Flour
Fingers Shape | Crunchy Coat | Less Fish Taste

180
10 Pieces
~250g



Fish Patties for BLW (6+ months)*

Fish, Burghul, Potatoes & V-licious 7 Hidden Veggies Mix
Burger Shape | Salt Free | Less Fish Taste

177
7 Pieces
~250g

* It is always recommended to consult your pediatrician before any intake

V-licious 7 Hidden Veggies Mix

Zucchini, Carrots, Spinach, Broccoli, Mulukheya,
Bell Pepper, Leafy Greens (Celery + Parsley)

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BIG ME



"ALL PRODUCTS HAVE 7
HIDDEN VEGGIES"

TRY
ME

Big ME
Bundle

Big Kofta
Big Burger
Chicken Panee
Cheesy Meat Balls

EGP
1025+



Chicken Panee (~490 grams)

Chicken, Eggs, Burghul, Breadcrumbs & V-licious 7 Veggies Mix.

235
7 Pieces

x2
390

14 Pieces
470 (80 Off)

Escalope Panee (~500 grams)

Beef Meat, Eggs, Burghul, Breadcrumbs & V-licious 7 Hidden Veggies Mix.

340
7 Pieces

564

14 Pieces
680 (116 Off)



Big Kofta (~480 grams)

Beef Meat, Burghul & V-licious 7 Hidden Veggies Mix.

340
12 Pieces

564

24 Pieces
680 (116 Off)

Big Burger (~480 grams)

Beef Meat, Eggs, Burghul & V-licious 7 Hidden Veggies Mix

340
6 Pieces

564

12 Pieces
670 (116 Off)



Big Cheesy Burger (~570 grams)

Beef Meat, Eggs, Mozzarella Cheese, Burghul & V-licious 7 Hidden Veggies Mix

365
6 Pieces

606

12 Pieces
730 (124 Off)



Cheesy Meat Balls (~500 grams)

Beef Meat, Mozzarella Cheese, Burghul & V-licious 7 Hidden Veggies Mix

340
15 Pieces

564

30 Pieces
680 (116 Off)



V-licious 7 Hidden Veggies Mix

**Zucchini, Carrots, Spinach, Broccoli, Mulukheya,
Bell Pepper, Leafy Greens (Celery + Parsley)**

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